BENTLEIGH SECONDARY COLLEGE



Newsletter

The right to learn.
The right to be treated with respect.
The right to be safe.

"Being the best you can be"

PRINCIPAL'S REPORT

MS HELENE HIOTIS

Our Performing Arts program goes from strength to strength. I had the privilege to attend a special performance of the 2017 Senior School play "The Queen". Students have worked closely with Ms Harriet Devlin and our wonderful drama teachers, Ms Jacinta Egan and Ms Rebecca Gemmola, on yet another quality production. I congratulate all of the students in the cast and stage crew.

At this time of year, our students are diligently studying for their outcomes and exams. It has been pleasing to see students studying in the VCE Centre, attending homework club, catching up with teachers for additional support and attending revision classes to ensure they are thoroughly prepared for the exams. I would like to take this opportunity to wish each student all the best for their exams. I am sure they will be rewarded with results that reflect the hard work that has been undertaken throughout the first semester. Our learning community is proud of the way our students approach their learning, whether it be academic studies, learning a musical instrument, mastering a drama performance, or representing our college in one of our many leadership programs. Our students and teachers approach all activities with great enthusiasm, matching this with hard work and knowing they will achieve success by giving their best.











IMPORTANT DATES ON PAGE17

PO Box 186, East Bentleigh 3165 Telephone: 9579 1044 Facsimile: 9579 2720 bentleigh.sc@edumail.vic.gov.au CRICOS Provider Code: 00861K

MIDDLE SCHOOL NEWS

MR MARC KOENIG, ASSISTANT PRINCIPAL

Term 2 Working Bee

We need your help on Sunday, June 4 from 8.30am until 12 noon. The focus of the Working Bee will be building the set for the Whole School Musical, beautifying our new portables and the upkeep of our award winning gardens. There will also be a general tidy up. It is a busy, enjoyable day and I encourage as many parents as possible, particularly those new to the college, to join the community. We will provide morning tea and a barbeque lunch. Thank you in advance.

Open Night

What a positive night this was for the College. Like all present, I was delighted with the high numbers of parents and prospective students who came to visit our College. The presence of significant numbers of our staff and students present at this evening sends a compelling message about the great things that are happening at Bentleigh Secondary College. It was great to see our Senior Stage Band perform and hear Year 7.4 students Grace Docherty and Matthew Yianni speak to the audience about Bentleigh Secondary College from a student perspective. Well done to those students. Special thanks also to the significant number of students (over 100) who came along to support this important College event by acting as tour guides or by participating in the wide variety of activities presented on the night. Many thanks also to the incredible number of staff (over 90%), both teaching and non teaching, who came along to support this important event.

NAPLAN

Congratulations to all of our Year 7 and 9 students who participated in the NAPLAN testing. These tests are demanding, requiring concentration, application and are a great way to practise exam conditions and techniques leading up to the Middle School exam period. The focus of all our students was excellent. The results will be available in a number of months, and we will ensure parents receive NAPLAN feedback as soon as it is available.



Junior Debating

The second debate was our junior D Grade team comprising Danae Melzer, Clare Konstanty and Caitlin Kenna, all in 8.4. They won against Kilvington 1 as the negative side. The topic was, "That we should fear the development of artificial intelligence". It is very rewarding to hear the students are doing so well, as they have been constantly improving with every debate and now they have finally had a win. Well deserved!



Inquiry Based Learning

Ms Natalie Cumming, Head of Year 8

The Year 8s have just completed their first three week Inquiry Based Learning Project. The project theme was 'Change in Australia and Asia'. The four main learning areas (English, Mathematics, Humanities and Science) were integrated into the IBL project. The IBL projects at Year 8 level are designed to encourage students to become independent learners. Learning activities in IBL require students to perform their own research and apply their findings to complete set projects. Students have the opportunity to work collaboratively, sharing their ideas and taking responsibility for their own work. Classroom teachers supervise and monitor the progress of their students. Students have more freedom to work in their preferred style and pursue academic areas of interest. They find this project very challenging however, also very rewarding. Students recently showcased their three weeks of hard work. The standard of work presented on the evening and the creativity demonstrated is a credit to the students. It was lovely to see so many family members taking the opportunity to celebrate their child's success.













Studio Arts Indigenous Practices Excursion

Ms Sue Hansen & Ms Ann Brennan, Year 8 Art Teachers

On Thursday May 25, Year 8 Studio Arts students attended the Indigenous Art collection at the Ian Potter Centre, Federation Square. Students were firstly given a tour of Hosier Lane to examine the amazing graffiti art along the colourful walls. Ian Potter Center then took them on a tour of both the colonial and contemporary Indigenous Art collections. This was a valuable excursion that allowed students to gain an understanding of the varied and rich history, styles, materials and themes of Indigenous art. The visit will be linked to a classroom activity back at school. Before the day ended, students took a cultural walk along Birrarung Marr and the Yarra River to do some sketching of traditional Indigenous forms. An enjoyable and culturally inspiring day for all.

STUDENTS IN HOSIER LANE

STUDENT ANALYSING AN INDIGENOUS ARTWORK





IN THE GALLERY WITH THE EDUCATION GUIDE



Cross Country Carnival

Nathan Rogers, Head of Sport

The second annual Cross Country Carnival was held on Tuesday March 28, after it was washed out the previous week due to poor weather. It was held as a whole school event with every runner and walker earning points towards the Cross Country Trophy. At the completion of all events - Wickham came out on top (649pts) with

> Dendy 2nd (596) Fawkner 3rd (482) and Hawker 4th (461)

2017 Race Champions

Under 13 Girls – Sophie Lawson (Hawker) Under 13 Boys - Enrique Soria (Hawker) Under 14 Girls – Georgia Kandilas (Wickham) Under 14 Boys – Archie Smith (Fawkner) Under 15 Girls – Zoe Bedford (Fawkner) Under 15 Boys - Jack Stuber (Fawkner) Under 16 Girls – Madi Kuhnell (Fawkner) Under 16 Boys - Kieran Foley (Wickham) Under 17 Girls – Emma Lindsey (Dendy)

Under 17 Boys - Jordan Eliezer-Sutterby (Dendy)

Under 18 Girls - Kailey Hamill (Wickham) Under 18 Boys – Emil Thaning (Dendy)





Athletics Carnival

Nathan Rogers, Head of Sport





The Bentleigh Secondary College annual House Athletics Carnival was held on Friday April 28 at Duncan McKinnon Athletics Track. Unlike 2016, the weather held off and gave us near perfect conditions for an Athletics Carnival. Excellent effort by all students participating and attempting to achieve as many points for their house as possible. In the end it was the Wickham Tigers who won the overall Athletics Shield.

The results were: 1st Wickham (1176pts), 2nd Dendy (1067), 3rd Hawker (963) & 4th Fawkner (916). Well done Wickham!

The age group champions for 2017 were:

Under 13 Girls - Sophie Lawson (Hawker)

Under 13 Boys - Campbell Bedford (Fawkner)

Under 14 Girls – Georgia Kandilas (Wickham)

Under 14 Boys – Luke Nankervis (Fawkner)

Under 15 Girls – Tamsin Hafey (Wickham)

Under 15 Boys - Michael Blight (Wickham)

Under 16 Girls – Alana Porter (Wickham)

Under 16 Boys - Bancha Harkins (Hawker)

Under 17 Girls - Maritsa Georgiadis (Hawker)

Under 17 Boys – Jordan Eliezer-Sutterby (Dendy)

Under 18 Girls - Rebeeca Heenan (Dendy)

Under 18 Boys - James Aitken (Wickham)

100m sprint champions were Alana Porter and Emil Thaning.

Many students also represented the school at District, Zone and State level. We are very proud of our students' achievements. Go Bentleigh!















Year 8 Softball Girls Winners

Nathan Rogers, Head of Sport

On Wednesday May 3, the Year 8 Softball team headed to Frankston for the Southern Metropolitan Finals. The first game was against Glen Eira, who beat the girls last year in the Year 7 finals. The game did not start well for the girls with Glen Eira getting the first two batters home to have a 2-0 lead, however, improved fielding followed by great batting eventually resulted to a win for Bentleigh. The team continued to improve throughout the day comfortably winning the next two games. Our fourth game against Keysborough College ended up being the deciding game with both teams undefeated. The game started off evenly with both teams scoring two runs in their first innings, however, a great fielding display by Bentleigh in the second innings limited them to only one run. Bentleigh's second innings was outstanding with seven batters running home to hold a 9-3 lead. With time running out, Keysborough gave it their all in the third innings scoring seven runs themselves to take a 10-9 lead. However, time ran out and the result went back to the last completed innings giving Bentleigh a 9-3 win to become the Southern Metropolitan Champions. The team will now compete at the State Championships later in the year.



JVI Judo Competition



More great news. On Friday May 19, Dryan Regnaud of Year 7 was awarded a silver medal for second place in the JVI judo competition. This is a great achievement and Dryan is confident that he will continue to improve his judo skills. Judo Victoria is the home of Olympic and Commonwealth Games judo in Victoria. Well done Dryan!



Intermediate Badminton Girls Winners

Badminton is a fun team sport, and we were given the opportunity to play with our friends on behalf of our school on Monday May 8. My team and I participated in Round Robin Badminton against the Kingston District schools such as Brighton, McKinnon and Westall Secondary College. We played five rounds including four singles and two doubles matches. It was a very tough competition against all of the schools. It was a pleasure to play against such good competitors. Against Brighton, our scores were pretty close but still we won. Our final competitors were McKinnon. They were pretty tough players. We won two of our singles, but lost the other two. In doubles, we lost one and won one of them, meaning it was a tie. Fortunately, that one doubles match which we won, made a terrific score, resulting in a 'WIN' by two points, and therefore making it to the Regionals. Our coach was so proud of us. This was a great show of sportsmanship and every team member contributed to the win. It was really tiring and exhausting but at the same time, it was so much fun. We really are proud of ourselves and enthusiastic to play at the Regionals and 'Be the best we can be.'

Eshee Sharma (Captain)



Intermediate Girls AFL Winners

On Thursday May 4, Kingston Division held the annual Equal Opportunity Day. Due to the increased interest in AFL girls, an intermediate division was created to provide more opportunity for girls to play the sport. The intermediate girls team was lead by many of the Junior State Champion players from 2016 and with the inclusion of some new girls, the girls were confident of a positive result. They were assigned to Pool A playing against Parkdale, Westall and Sandringham which they comfortably won. The wins lead the team into the Grand Final against McKinnon Secondary College who had also won their pool game easily. The game was tight with Bentleigh holding a two-point lead at the break. A strong second half saw Bentleigh run away with the game and the Kingston Championship by 25 points.



SENIOR SCHOOL NEWS

MS LEANNE WINFIELD, ASSISTANT PRINCIPAL

The Senior School has been very busy recently with students completing SACs and classwork for their subjects, as well as preparing for their exams which begin on June 5. Students in Year 11 and 12 have spent time with Darren Pereira looking at how to motivate and organise themselves and their study time.

Senior Debating

Our A Grade interschool debating students have also had success winning against McKinnon Secondary College Team 1 with speakers: Mahek Shah, Naomi Rodriguez-Ryan and Lexy Dann and in a previous debate winning over McKinnon Secondary College Team 2. Fabulous work to see students responding to planned topics as well as secret topics, where they only have a short time to work together to plan and then to speak. Naomi Rodriguez-Ryan won best speaker for the debate. Thank you to Yvonne Sirianos for her work with these students.

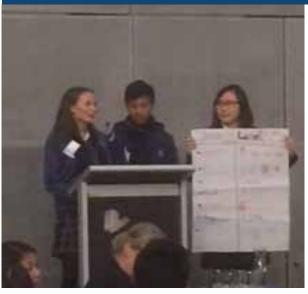
Senior School Play

Congratulations to all the students involved in the Senior School Production, the performances were outstanding as was the collaborative process used to develop the ensemble piece. Thank you to Jacinta Egan, Bec Gemmola, Jane Newey, Harriet Devlin and Joshua Dunn and all others who assisted with rehearsals, sets and stage management.

International Forum

At the DET International Student Forum, held at the State Library of Victoria, our students were represented by Lexi Guo, Joanne Zhou and Lexy Dann. Both Lexi and Lexy spoke on the day at the podium. Students also worked in groups with local and international students from other Victorian schools.

STUDENTS AT THE INTERNATIONAL STUDENT FORUM AT THE STATE LIBRARY IN MELBOURNE









The Accounting Day Out - Meet the Business Leader

Joshua Purcell, Accounting Teacher

On Wednesday May 10, Units 3 and 4 Accounting students of Bentleigh Secondary College excitedly ventured off to the MCG to participate in Meet the Business Leader 2017.

Meet the Business Leader is Chartered Accountants Australia and New Zealand's leading secondary school event, where students are given the opportunity to speak to business professionals and gain valuable insight into what a successful career in business could look like. This year, students were also lucky enough to 'meet the sporting leaders', as they happened to 'bump' into players from the Richmond Football Club on the way to the venue.

The event started off with lunch in the Long Room where students were able to mingle with a number of prominent business leaders. After lunch, students listened to multiple presentations by a number of guest speakers regarding the transition from school to university, entry pathways into business, what a successful career in business could look like and topics relevant to ensuring students are work ready. Students were amazed with the opportunities a successful career in business could provide, particularly the opportunity to work overseas.

Shortly after the presentations, students were asked to assemble the tallest tower they could only using spaghetti and marshmallows. There were some very interesting towers created and all students thoroughly enjoyed the activity. Students also participated in a budgeting activity that required them to collaborate and work together.

The final part of the event involved roundtable networking between the students and business leaders. As the business leaders rotated around the tables, students learnt about their personal business journey, the challenges they have faced, the triumphs they have experienced and much more.

Overall, Meet the Business Leader 2017 was a great success. The students received valuable insight into what a successful career in business could look like and offer. Bring on Meet the Business Leader 2018!







Outdoor and Environmental Studies, Great Ocean Walk

Stuart Pearson, Outdoor and Environmental Studies Teacher

On Tuesday May 9, the Unit 1 Outdoor and Environmental Studies class departed school for Apollo Bay and the Great Ocean Walk. With impressive preparation from all, the group began hiking on Day 1 from Parker Hill along the stunning coastline. Unlike previous years the weather was kind to us, with no rain and minimal wind along the usually inclement Shipwreck Coast. On Day 2 students were treated to a tour of the Cape Otway Light station, including an insightful Indigenous culture session and panoramic views from the top of the famous lighthouse. Following the tour, we moved on to the Aire River camp ground. Each night the group set up their school tents quickly and cooked an at-times healthy and interesting dinner. Most creative dinner goes to the boys who cooked up nachos in their fry pans. Here we played some fiercely competitive 'Minute-To-Win-It' games, resulting in balloons and quoits flying. Joel Nankervis was the champion and received far too many skittles as a prize. Day 3 saw us continuing to traverse the undulating coastal tracks in favourable conditions, ending in an early arrival time at our final destination of Johanna Beach. The afternoon provided time for beach activities as the sun set over the distant cliffs. Our final morning in the Otways saw students flying through the trees at the Otway Fly. The zip-line tour in the temperate rainforest gave students an adrenalin rush and was an enjoyable end to an outstanding week. Congratulations to all students who demonstrated resilience, enthusiasm and leadership throughout the camp. A huge thank you to Christine O'Keefe for stepping up late to attend the trip, and to Matthew Cumming who provided a positive attitude throughout the four days. This class has set the bar high for outdoor experiences. We now look forward to our cross-country skiing adventure in August at Lake Mountain!













MUSIC NEWS

Andrew Albanis, Head of Music

A great start to the term! Jordyn Wallace performed at the Bentleigh Market at 9.00am on Sunday April 31. The audience was tough, as they sipped their coffees and sifted through the bargains that the market had on offer. However, Jordyn won them over with her resilience and outstanding stage presence. She was a fine representative of the college.

The Stage band incursion was a huge success. Both the Intermediate and Senior stage bands workshopped their pieces for the Generations in Jazz festival. It was a big day of practice, with a successful performance at 5pm to friends and family.

In the last week of Term 1, the Symphonic Wind Ensemble had their incursion. Students were exceptional throughout the day. Laura Main and Darcie Foley took students through a new and exciting repertoire, preparing students for upcoming performances.

On Tuesday May 30 and Wednesday May 31, the Year 8 Band and the Year 7 Band attended Rutherford Park for their Rehearsal Camp.







Generations Jazz Festival in Mt GambierThe Senior and Intermediate Stage Bands attended the Mt Gambier Generations in Jazz Festival from 5th to 7th May. The students were great ambassadors for the schools. Their performances were of an excellent standard. Tom Edema was ranked 3rd best trumpet in division 4. An excellent achievement. Well done Tom!







		IMPO	DRTANT DATES		
1 June	Year 7 Immunisations Senior House Sport Finals Whole School Musical Afterschool Rehearsals in PAC 3.30 - 5.30pm		Whole School Musical Afterschool Rehearsals in PAC 3.30 - 5.30pm Year 11 Central Oz Tour Year 10 Work Experience	27 July	Australian Maths Competition Yamada Visit Year 11 Course Counselling Whole School Musical Afterschool Rehearsals in PAC 3.30 - 5.30pm
2 June	Whole School Musical Afterschool Rehearsals in PAC 3.30-5.30pm		Whole School Musical Afterschool Rehearsals A10/11, 3:30 - 5:30pm	28 July	Yamada Visit Progress Reports open Whole School Musical
5 June	Senior Exams Commence	27 June	Year 11 Central Oz Tour Year 10 Work Experience		Afterschool Rehearsals in PAC 3.30 - 5.30pm
6 June	Brass Night 5-6pm in PAC		Intermediate Band Tour Geelong		Year 12, 2018 Course Selection closes
7 June	Middle School Exams Commence VCE Music Performance 4 - 8pm		Year 11 Central Oz Tour Year 10 Work Experience Intermediate Band Tour Geelong Year 11 Central Oz Tour	31 July	Year 10 Elevate Whole School Musical Afterschool Rehearsals A10/11, 3:30 - 5:30pm
8 June	Middle School Exams VCE Music Performance 4 - 8pm	20 04116	Year 10 Work Experience Whole School Musical Afterschool Rehearsals in PAC	1 Aug	Yamada Visit
9 June	Middle School Exams End Whole School Musical Afterschool Rehearsals in PAC 3.30 - 5.30pm	30 June	3.30 - 5.30pm Year 11 Central Oz Tour Year 10 Work Experience Last Day (2:25pm finish)	2 Aug	Winter Concert Rehearsal All day Yamada Visit Year 10 Course Counselling Winter Concert 7pm @ Glen
12 June	QUEEN'S BIRTHDAY	1-16 July	SCHOOL HOLIDAYS	2 Δυσ	Eira Town Hall
14 June	Brass & Percussion Night 5 - 6pm in PAC	4 July 17 July	Central Oz Tour Returns Whole School Musical	3 Aug	Yamada Visit Year 10 Course Counselling Year 9 into 10 Info Night @ 7:30pm in PAC
15 June	VCE Formal 6.30 - 11pm @ Southern Golf Club	17 odly	Afterschool Rehearsals A10/11, 3:30 - 5:30pm		Year 10, 2018 Course Selection opens
16 June	Report Writing Day - Student Free Day Whole School Musical Afterschool Rehearsals in PAC 3.30 - 5.30pm	20 July	Whole School Musical Afterschool Rehearsals A10/11, 3:30 - 5:30pm Year 11 into 12 Info Night @ 7:30pm in PAC Year 12 2018 Course Selection	4 Aug	Whole School Musical Afterschool Rehearsals in PAC 3.30 - 5.30pm Year 11, 2018 Course Selection closes
19 June	Semester 2 Commences Whole School Musical Afterschool Rehearsals A10/11, 3.30 - 5.30pm	21 July	opens Whole School Musical Afterschool Rehearsals in PAC	7 Aug	Whole School Musical Afterschool Rehearsals A10/11, 3:30 - 5:30pm
20 June	School Tour 9.15 - 10.15am Vocal Night 5-6pm in PAC School Council 5.30pm	24 July	3:30 - 5:30pm Whole School Musical Afterschool Rehearsals A10/11,	9 Aug 10 Aug	Year 9 Course Counselling Year 10 OES Cross Country Trip Lake Mountain
21 June	Men's Health Forum 6.30-9.30pm in PAC	25 July	3:30 - 5:30pm School Council 5:30pm		Year 9 Course Counselling Whole School Musical Afterschool Rehearsals inPAC
22 June	Whole School Musical Afterschool Rehearsals in PAC 3.30-5.30pm Woodwind Night 5-6pm in PAC	26 July	Yamada Visit Year 11 Course Counselling		3:30 - 5:30pm Year 8 into 9 Info Night @ 7:30pm in PAC Year 9, 2018 Course Selection opens

SENIOR SCHOOL PLAY 'THE QUEEN'

Jacinta Egan, Head of Performing Arts

A huge thank you to all the people who brought in some leaves to be used on set for the play. Your contribution to the college community is greatly appreciated. The stage set and show was fabulous, as you can see in the photo below.



When we decided to create a production based on a story like Snow White, a story that many of us know really well, there was an opportunity to find alternative meanings and ideas that are not always obvious to us the first time around. Over the past four months, we have had some extraordinary conversations with the wonderful Senior School Play cast about the potent themes that run through the story of Snow White: identity, family, good and evil, innocence and guilt, beauty, ageing, life and death, reflections, internal and external worlds.

Re-focusing our exploration on the character of 'The Queen' (Snow White's 'evil' step-mother) made space for us to consider some alternate readings of this story and to understand what a story like this might mean for us in the world that we are living in right now. For young people in particular, forming an image and projecting an attitude is an important part of shaping an identity. Using the story of Snow White, we delved into what formed each characters' identity and what internal and external pressures they might experience in order to make the choices they do in the story.

We also drew out the character of the Mirror and interpreted this as a symbol of the many ways in which our image is reflected back to us beyond our literal reflection; our family and friends, media commentary, the constant noise that most of us engage in online; all of these cultural elements make up who we are and how we see ourselves (and others).

The cast this year were particularly engaged in the spoken-word style of writing that we chose to use for this work. The entire script, including the physical score and the spoken text was created in collaboration with the members of the cast. The passion, vulnerability and urgency with which these young artists approached this material was truly inspiring to witness and to work with. We have been constantly surprised and impressed by each and every one of them.

The show we created is not about figuring out a 'true' version of the story. We don't have all the answers (none of us do). It was about asking questions, it was about the shades of grey, it was about The Queen and it was and is about all of us.

We were extremely lucky that we were able to bring in professional writers and physical theatre professionals to work with our students. These wonderful people equipped the cast and helped them to achieve things that they never thought were possible. Their achievements have given them a new level of confidence in themselves not only on stage but also as capable contributors and change makers in an ever complicated world.

Thank you to everyone who came to see the show, contributed in some way to the creation of the piece, sent wonderful and encouraging emails or supported us in any way. Thank you for sharing in this wild ritual we call 'theatre'.









IDAHOBIT Day

On Tuesday May 23, Bentleigh Secondary College recognised IDAHOBIT day, the international day against Homophobia, Biphobia, and Transphobia. Students showed their support by coming to school dressed in their best rainbow outfits and bringing a gold coin donation that will be going towards multiple LGBT and support organisations.

During lunch, students gathered in the Performing Arts Centre to celebrate diversity while dancing to incredible music played by Bentleigh's own VCE combo band. Congratulations to Mia, Andii, and Felix, the winners of our rainbow themed fashion competition, who were awarded a \$30 movie voucher. It was great seeing everyone show their support for LGBT causes, once again proving Bentleigh to be an inclusive community.

Sophie McKenzie-Stripp, Respect Captain and Callum Diamond-Smith





















It's Relay For Life – for dogs! Register your four-legged friend for Bark For Life and join the fight against cancer.

This unique event honours the caring qualities of dogs during a cancer experience.

Register and join the pack to raise vital funds for Cancer Council's research, prevention and support services.

Register. Participate. Donate. 1300 65 65 85

Bark For Life

29 October 2017
Jells Park South, Wheelers Hill
10.00am - 2.00pm
http://fundraising.cancer.org.au/barkvic

facebook.com/RelayForLifeAustralia

relayforlife.org.au





'Zoe has a caring gentle soul and played an integral part in my recovery.

I love her so much and can't imagine my life without her.' Danni, Breast Cancer Survivor

WEP IS LOOKING
FOR VOLUNTEER
HOST FAMILIES!
HOST A HIGH
SCHOOL
EXCHANGE
STUDENT FROM
OVERSEAS AND
CREATE MEMORIES
FOR LIFE!

LAST CHANCE TO HOST AN EXCHANGE STUDENT THIS JULY



herrtlinks

Sharing, Learning, Building



Would parenting be easier if you were on the same team? Could your communication do with some focus?

Relationships require regular tuning to help couples stay connected, assist each other in understanding differences, and manage conflict while continuing to cooperate as a team.

The aim of the Better Relationships Workshop is to encourage participants to identify strengths in their relationship while fostering attitudes of respect, trust and positive partnership communications.

Over the course of four weekly sessions facilitated by an experienced family relationship practitioner, this interactive program will encourage participants to learn, develop and practise positive relationship skills in a supportive group environment.

Topics include:

- Building trust, commitment and emotional closeness.
- Re-discovering and focusing on the positive in your partner.
- · Understanding and managing conflict.
- Creating shared meaning, life goals and dreams.
- Sharing appreciation and fondness for each other.

Investing a few hours now, will support improved wellbeing for yourself as an individual, as part of a couple, and for the benefit of your whole family.

Best suited to:

All couples - same sex and heterosexual, long term de-facto or married, new, engaged or starting again, later in life couples.

When:

The workshop runs across four Thursday evenings

Thursday 8th June 7pm to 9pm Thursday 15th June 7pm to 9pm Thursday 22nd June 7pm to 9pm Thursday 29th June 7pm to 9pm

Light refreshments provided.

Where:

Family Life meeting room, 197 Bluff Rd, Sandringham

Cost:

\$390 per couple (\$350 concession)

Bookings and more information:

To book or for more info, visit us at heartlinks.com.au Email heartlinks@familylife.com.au or call (03) 8599 5488





Keynote speakers and workshops for all professionals working with young people

Wednesday 16th August 2017, 8.45am-1.10pm Woodlands Golf Club, Mordialloc

Feel free to email your interest to <u>kathy.woods@bgkllen.org.au</u> so that we can send a flyer once we have further details available.











