

# Newsletter



## PRINCIPAL'S REPORT

**MS HELENE HIOTIS**

As college Principal I was filled with pride when attending the opening night of 'Seussical', our 2016 college production. The students' performances in singing, dancing and acting were outstanding. I wish to congratulate our students along with our brilliant director, Rebecca Gemmola and Producer, Jacinta Egan on what was an amazing production. A gallery of photos is included in this newsletter.

There have been a number of additions to our college community over the past year. We were delighted to have a visit from Kylie and Peyton Dark and Christine and Sebastian Rowe. We wish Kylie and Christine well as they have a break from teaching to enjoy their new family. The photo above shows Peyton in my arms and Sebastian in Jane Newey's arms.

Education Support Staff celebrate recognition month in August. The college are extremely fortunate to have an excellent team of support staff that assist our students and college operations. Our Education Support Staff to mention a few include our welcoming and friendly office staff; capable ICT and International Student staff; caring integration aides; skilled maintenance man and; efficient library, laboratory and domestic teacher aides. It is these quiet achievers who so admirably support our teaching staff in effectively delivering the curriculum. This large team of personnel are ably led by our talented Business Manager, Mrs Tricia Harry. On behalf of the college community I wish to thank our Education Support Staff for the significant contributions they make to our college



**8TH EDITION**  
**1ST SEPTEMBER 2016**

The right to learn.  
The right to be treated with respect.  
The right to be safe.

*"Being the best you can be"*

## IMPORTANT DATES

1 Sept	Year 8-IBL Kingston Athletics Carnival
2 Sept	Year 8 IBL
5 Sept	Year 8 IBL Year 9 Advance Hike 1 - Lerderderg State Park
6 Sept	Year 8 IBL Year 9 Advance Hike 1 - Lerderderg State Park
7 Sept	Year 8 IBL Driver Ed - Year 10
8 Sept	Year 8 IBL Year 9 Advance Hike 2 - Lerderderg State Park
9 Sept	Year 8 IBL Year 9 Advance Hike 2 - Lerderderg State Park Japan Study Tour
12 Sept	Year 8 IBL Year 9 Advance Hike 3 - Lerderderg State Park Japan Study Tour
13 Sept	Year 8 IBL Year 9 Advance Hike 3 - Lerderderg State Park Japan Study Tour
14 Sept	Year 8 IBL Japan Study Tour
16 Sept	Year 8 IBL Japan Study Tour

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# JUNIOR SCHOOL NEWS

MS LEANNE WINFIELD



16 Sept	Bentleigh's Got Talent - period 4 Last Day of Term 3 Japan Tour returns.
3 October	Term 4 begins
4 October	Year 12 Trial Exams
5 October	Year 12 Trial Exams Court Visits
6 October	Year 12 Trial Exams
7 October	Year 12 Trial Exams House Sport Meeting
11 Oct	Year 7 Band Tour to Healesville
12 Oct	Year 7 Band Tour to Healesville

This term we held our Information Evenings and students have put their subject preferences in to Edval. Thank you to parents for attending. Your presence adds to the partnership between home and school and gives you the opportunity to have discussions with your child about the subjects they are choosing. Another opportunity has been the Parent Teacher Information Evening which was very well attended and this gives parents another chance to talk to students about progress in classes and working to improve their results. In Form Groups, students will be reflecting on their Semester One results by writing Learning Goals with the assistance of their Form Group Teachers. These are on Compass, under Insights.

NAPLAN results have been received by the school and have been posted home to Year 7 and Year 9 Parents. Students in the school are achieving excellent results, especially in Numeracy. The results are being analysed by the Teaching and Learning Team to determine if there are any gaps which we will address to ensure growth in student learning. In the last three weeks of this term, Year 8 students will be working on the IBL Program (Inquiry Based Learning) with a focus on Sustainability. This means that in Science, students will be exploring wind as an alternative power source, relating the past, present and possibly the future in a Big Thematic Question in Humanities, exploring practical Maths questions and Problem Solving and defining Sustainability and researching sustainable practices in English. This is another opportunity for parents to discuss the work that students are doing at school. Congratulations to everyone involved in the School Musical, Seussical, and well done to all the Junior students who participated. This is a wonderful opportunity for students from Year 7 to Year 12 to work together creating outstanding performances.

### Our Own Karate Champion

Year 8 student, Mia Goikhman achieved an excellent result coming Third in the Australian Karate Championships held recently at the Waverley Netball Centre. She is also achieving excellent results in her schooling here at Bentleigh Secondary College. Earlier in the year, Mia came First in the Victorian Karate Championships. She said that it has been her life-long dream. It was her second time competing and it has been her biggest achievement gained so far. Her next goal is to win the Australian Karate Championships! Well done, Mia!

### Gnurad-Gundidj, The School For Student Leadership

This is a program where groups of Year 9 students from a number of schools across Victoria attend a Campus for a term which is set up to develop their Leadership Skills. This year we were lucky enough to have ten students attend. Applications will be open for current Year 8 students in Term 4. Below is an excerpt from a speech given by Hannah Flower and Luke Crittendon at the Year 8 into Year 9 Information Evening.

On the 17th April, ten brave Bentleigh students ventured to South West Victoria. We drove three hours to our would be home for the next ten weeks. As soon as we arrived we were thrown straight into the deep end. We had to sleep in the same room with a complete stranger and had to eat our meals with new people. Throughout the first few weeks, we were set many challenges to make friendships in our group and also build teamwork skills. Some of the challenges were climbing Mt Noorat and building a bridge to go across water. As the term went along, all 45 students got along like family. Some of the activities were outside campus and the rest were at campus.

They ranged from water based activities like canoeing, raft building and surfing, to indoor activities like Peer Skills, Thinking and Learning Passport. We have to complete a project called CLP, Community Learning Project. This is where we give back to the community. There are two Bentleigh groups: one group is painting a mural alongside the PAC and the other will be working on sprucing up the Year 9 Locker Bay incorporating a Music Theme. Overall, Gnurad was an amazing experience that all of us enjoyed and would definitely do again. Below is an excerpt from a speech by Zoe Waters and Bayden Hill, given on the Year 7 into 8 Information Evening.

IBL is an Inquiry Based Learning Program where for three weeks, twice a year, all Year 8 students are set a topic and work for each of the core subjects: that is Maths, English, Humanities and Science to be completed and presented at the Presentation Night at the end of the three weeks. During this time, your teachers will help you set goals and checkpoints for you to complete your work in order to help you stay on top of everything. We have completed our first IBL last term. The topic was: Changes in Australia and Asia. We were set work from all of our core subjects which related to this topic. Definitely one of the highlights of the project was dressing up and presenting our hard work on the Presentation Night. This gives you something to look forward to and to celebrate all of the effort put in throughout the three weeks. We got to dress up in a costume which represented the country we chose to study. This also included decorating an area with artefacts, national colours, but most importantly we could share a plate of food that represents our culture with others.



### My Experience at Gnurad Gundidj School for Student Leadership - Stephanie Borrett of Year 9

From the first moment I heard about Gnurad Gundidj – School for Student Leadership, I knew that I wanted and needed to go. The things that I would learn about and the experiences that I would have, seemed too important to ‘shrug off’. Ten weeks away, with about forty people that you don’t know seemed like the most intense and stressful experience that you could have in Year 9. Even though I knew that there would be some struggles, I knew that I needed to go. So I put in the effort, submitted an application, sat through an interview and fortunately got a place in the program. The drive up to Gnurad, I wasn’t nervous, I was excited. There were so many thoughts running through my mind, so many hopes and worries for the next ten weeks, but only now do I realise how different those thoughts were from reality. There was no need for worry, and every hope of mine was fulfilled. My experience was better than I ever could have wished. Straight away we were assigned a class, aka ‘Expo Team’. They were the people we did everything with. My Expo Team was really dysfunctional to say the least. There were disagreements, arguments, fights, whatever you want to call them, and there were lots of them. Looking back we were acting horribly, thankfully the teachers stepped in and told us to pull our heads in. The two teachers that we had in our class were really good for us, they knew how to have fun but also stay serious. They knew how to stay out of the way and let us choose our paths, but step in when needed. All of the teachers were great. The whole time we were at Gnurad, our team improved our communication, teamwork and leadership skills. The best example of the changes and improvements that Gnurad gave us were two activities in particular, one at the start of the term and one at the end, bridge building and raft building. Bridge building was one of the first activities that we had. Every person in our team, had their own ideas about how we should build a bridge. The only way that people were communicating was by yelling. Everyone was mucking around and overall it was handled horribly by all of us. Raft building was at the other end of the spectrum. At the start we were given the activity, then we slowly proceeded to talk about what we thought would work well. We did everything in order and worked together to get everything done in half the time. Afterwards everyone was happy and satisfied with what we had achieved. Gnurad taught me how to communicate better, work better with everyone and overall I know more about the way that I work, learn and think. I would recommend it to almost everyone.

# SENIOR SCHOOL NEWS

MR MARC KOENIG



## Preparing for VCE Examinations

The remaining weeks until examinations are of the utmost importance in determining students' final results. Year 12 students need to ensure they are consistently revising their coursework and practising past exam papers under timed conditions. Students' study notes should be updated regularly.

Edrolo is available to all students and covers most subject areas. It provides comprehensive and up-to-date online video lectures that can be used to learn and revise VCE subjects. Edrolo provides detailed explanations along with step-by-step worked examples from past exams, all presented by Australia's best teachers. Edrolo is ideal for revision before exams and can help boost your ATAR.

Examination papers can be viewed on the VCAA website: [www.vcaa.vic.edu.au](http://www.vcaa.vic.edu.au). Students should access and read assessment reports for each study on this website. These reports are written by examiners and highlight common strengths and weaknesses in students' answers. The need for regular revision and study cannot be over emphasised. Arrangements are being made with Connect Education to run revision tutorials during the holidays which will be presented by successful VCE students who excelled in their subject. Summary notes are also provided. Unfortunately we were unable to get the numbers for all subjects and the tutorials will only take place for Accounting (23/9), Biology (27/9), Further Maths (26/9) and Psychology (28/9). These classes will run from 9.30am to 12.30pm during the holidays at the minimal cost of \$36.00 per subject. I encourage all students studying these subjects to take up this opportunity and complete the payment online through Compass.

Year 12 teacher led revision classes will also be held throughout the two weeks holidays. All Year 12 students will be given a timetable with the schedule for revision classes. Trial exams will be held from Tuesday 4th October until Friday 7th October. Students are encouraged to take every opportunity to prepare for the examination period including working collaboratively where appropriate. We wish every student doing Units 3 and 4 exams the very best.

## Working Bee

Thank you to all the staff, parents and students who attended our Term 3 Working Bee on Sunday, 21st August. Many hands make light work as we were able to distribute mulch across the VCE garden, Admin garden, Urban Forest as well as multiple garden beds in the piazza. We are fortunate to be receiving plants donated by Coatesville Primary School. These will be planted in the Admin garden. As always, we welcome all volunteers, teachers, parents and students.



# HEALTH AND HUMAN DEVELOPMENT

Mrs Vikki ELLIOTT - Health and Human Development Teacher



On Monday morning the 15th August, the Year 11 Health and Human Development class had a guest speaker Mrs Christine Rowe, currently on maternity leave from our college, who brought along her six month old son Sebastian. The students had prepared a range of questions relating to prenatal development, the birth experience and the milestones that Sebastian is currently achieving. In an informal setting, Mrs Rowe graciously shared her experiences.

The opportunity to hear a firsthand account from a young mother has been a valuable learning experience. Students have gained a better understanding of this stage of the life span.

## Travelling to and from School

A reminder to students to be more vigilant when crossing East Boundary Road.

It is a 70 zone and students need to be careful giving way to traffic.

## Travelling to and from School by Bike

All bike riders must wear a helmet, be mindful of pedestrians and obey traffic laws.

# INDIGENOUS STUDENTS' MORNING TEA

Ms Julie Yelland, Head of Wellbeing - Senior School

On Wednesday 24th August, many of the indigenous students in the Bentleigh Secondary College community got together for a morning tea. The students had the opportunity to meet Eric Clarke, the Koorie Education Support Officer linked with our college, Maurial Spearim, an Indigenous Youth Worker, and Lilly and Kyeema from KGI – REAL (Richmond Emerging Aboriginal Leadership) Program linked with Richmond Football Club. Apart from enjoying the delicious food and drink provided, the students found out about a range of activities and opportunities available to them as well as supports on offer. Bill Thomas and students then took our visitors on a tour of the wetlands area and the indigenous murals and meditation centre. The morning tea was a great starting point for connecting and supporting our indigenous students.



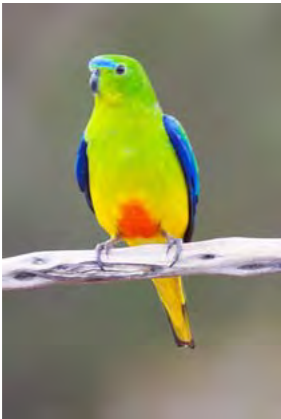
# SUSTAINABILITY REPORT

Mr Bill Thomas, Head of Sustainability and Promotion

**Operation Battery Recycle** - we have collected over 120 kgs of batteries so far this year. The batteries are saved from going to landfill where chemicals can leak out and enter the water table. Batteries can be placed in the special bin in the library or handed to the General Office.

**Phone Recycling** - we have collected seventy one mobile phones that will also be recycled. The phones may be serviced and sent to developing countries to support remote communities, or broken down so that mineral coltan can be recovered and reused. Coltan is mined from gorilla habitat and has helped push gorillas toward extinction.

**Operation Small Change** started at our last school assembly. Since then, more than \$200 has been raised in small change. This money will be given to the Royal Melbourne Zoo to help save twenty endangered Australian species from extinction. This fundraiser finished on Friday 26th August but we are still accepting your small change in to support this worthy cause. Some of these species include the Corroboree Frog, Orange Bellied Parrot, Legless Lizard and Leadbeaters Possum.



## CONTAINERS AND NEWSPAPERS NEEDED

Ms Susan Hansen, Arts Domain

The Visual Arts staff are collecting clean plastic containers for an art activity that will be coming up shortly. We require used plastic yoghurt, margarine, or takeaway containers that we can recycle for the task. We also need lots of old newspapers for this task. Just leave them at the front office labelled with my name. Thank you.

# SCIENCE NEWS

Miss Carrie Bloomfield, Head of Science

## National Science Week 2016



During the week of the 15th-19th of August, Bentleigh Secondary College celebrated National Science Week. The theme of the 2016 National Science Week was “STEM: Science Technology Engineering and Maths”. Our College ran seven events over the course of this week including competitions in Photography, Physics, Chemistry, Psychology and a Home-Group quiz. The paper aeroplane building event proved very popular early in the week, with students creating paper planes to hit various targets around the science rooms to win science prizes. Students tested their knowledge of the periodic table on Tuesday and solved the mystery of “Who Killed Mr Rogers” on Wednesday. On Thursday, students competed in the Psychology Optical Illusions competition by solving 35 brain teasers, whilst on Friday they competed to build a bridge that could support the greatest amount of weights. Every day during the week, students tested their science knowledge with the Science Home Group quiz, whilst the Photography competition saw a number of entrants exploring technology and engineering.

By far, in the past three years of this event running, 2016 saw the largest number of student participants and this is a trend that I strongly hope will continue into 2017 and beyond. It was truly fantastic to see the level of participation in these events. Congratulations to all students and teachers who combined enjoyment with learning to celebrate a week of cool Science filled fun.



Our big winners throughout the week were				
The Home Group Science Quiz:	Senior Winner – 10A	Junior Winner – 9.4		
Periodic Table Competition:	Michael Bussau (8.4)			
Murder Mystery Competition:	James Barker (11E)			
Psychology Optical Illusion Competition:	Aiden Sutton (10A)			
Photography Competition:	Danae Melzer (7.4)			
Bridge Building Competition:	Jarrold Hall (10D)	Sols Izlani (10C)	Mitchell Baudinette (10E)	Jake Haw (10B)

# MINDFULNESS MEDITATION

Dr Intha Chetty, Mindfulness Co-ordinator

Students are learning to integrate aspects of Mindfulness Meditation into academic content and daily life. In recent classes with 8.1, the mindful approaches have assisted students to manage their learning environment, develop greater perception, thus helping students become more aware of their own behaviour.

Mindful moments can be created in less than two minutes. Students walked mindfully in the Wetlands and were asked to make mental notes of plants, trees, birdlife and their purpose, and how this added meaning to their own lives. There was such joy and curiosity in the students. It is incredibly important that meditation activities are practised regularly to help students achieve a sense of oneness, connectedness to others and the environment.

The symbiosis of life can be fully experienced in our Wetlands and its surrounds. Not only is the environment calming, but it helps students to refocus, re-determine, re-direct, feel the sunshine on their faces and feel the gentle wind through their hair. We train ourselves to feel or blend in with the energy and absorb the marvellous subtle qualities of Mindfulness Meditation. The students of 8.1 had a total eclipse of the heart experience.



# PUN & PUZZLE



To the guy who invented  
Pun: **0**  
Thanks for nothing!

Puzzle: Four children were trying to guess their teacher's age.  
Their guesses were 23, 28, 34 and 45 years.  
With a smile, the teacher told them that none of them had found his exact age.  
However to give them a hint, he told them that his age was between the highest and lowest of their guesses, and remarkably, the errors of their four guesses gave a total equal to his age. How old was the teacher?

Solution to last puzzle: The answer is 54

# SPELLATHON

Dr Intha Chetty, Mindfulness Co-ordinator



Our Seventh Spellathon was a great success. Thank you to Tia Lambas for her welcome to country which set the tone for the morning. There were many ways of spelling – some serious and others hilarious - the drama teachers (Ms Egan and Ms Gemmola) would be proud of students who spelled with such dramatic flair. Professor Thesaurus (aka Mr Koenig) and Professor Loquatia -Wordsworthy-Verbosis (aka Mrs Watt), who put our participants through their paces, were kept on their toes. The two fold aim of the Spellathon is to improve spelling and draw awareness to a great humanitarian cause, 'Operation Cleft'. There are over 300,000 babies, children, teenagers and even adults with cleft lips and palates in Bangladesh needing our help for life-saving and dignity restoring surgery. On behalf of Moorleigh Moorabbin Rotary Club, we ran the Spellathon to raise awareness and funds for the Operation Cleft Foundation. Thank you to the SRC for assisting with the collection of all donations and Mrs Chetty and Mrs Marge Chegvidden for organising this event; to the English faculty for implementing the spelling program into the curriculum and encouraging their students to participate; and students for being a big part of this event. The audience showed their appreciation spurring on the competitors for doing their best. It was unanimous that this was the best Spellathon finals ever. Our comperes were wonderful and kept the momentum going. It is with great joy and admiration that I announce the winners of the Spellathon.

**Winners in the Senior School were:**  
**First** James Hagger - Year 12  
(winning word was pugilist)  
**Second** Rachel Bussau - Year 12  
**Third** Tas (Anastasios) Goranitis - Year 12

**Winners in the Junior School were:**  
**First** Dylan Larson - 8.4 (winning word Topiary)  
**Second** Nick Kafaltis - 8.2  
**Third** Connor Williams - 9.6

The winners of the Junior and Senior School will receive personalised medals at the awards night, sponsored by Moorleigh Moorabbin Rotary Club.

Certificates will be awarded to the year level winners at year level assemblies:  
**Year 7 Winners:** First - Elysha Sutton 7.8  
Second - Jai Mangos 7.2; Rylee Allanby 7.2  
Third - Riona Azzopardi 7.5  
**Year 8 Winners:** First - Dylan Larson 8.4  
Second - Nick Kafaltis 8.2; Third - Darcy Stack 8.1  
**Year 9 Winners:** First - Jacob Lardner 9.6  
Second - Connor Williams 9.6; Third - Elias Maniatis 9.5

The funds raised totalled \$1123.35. Thank you to staff and students for your generous contributions. A special thank you to our school philanthropist, Mrs Watt who donated \$500.00 to Operation Cleft.



# WHOLE SCHOOL MUSICAL

Ms Rebecca Gemmola, Drama Teacher



Bentleigh Secondary College certainly proves that, as Jojo the Who says, 'Anything's Possible!'. Last week 88 students across all year levels, including some returning alumni students operating lighting and sound, worked together to present a spectacular run of 'Seussical TYA'.

Students worked tirelessly in the weeks leading up to the performance and both cast and crew combined seamlessly on a show that was of such a high quality it would rival many theatre companies around Melbourne. Students demonstrated wonderful stage presence and engaged the audience every step of the way as the character of Horton the Elephant, played by Neil Shawcroft from Year 11, went on a journey to save the tiny planet of Who and its inhabitants, such as Jojo, played by Roxy Hellwege from Year 7. The story had a wonderful message about treating each other with respect and care, values that are reflected all throughout the college.

While many new faces were welcomed this year from across many year levels, especially the wonderful new Year 7s who have truly stepped up to the mark, this production also farewells our Year 12s and see them off on their next adventures. The college community wishes the best of luck for the next big things in life for the Year 12 cast members; Helen Constantinou, Chelsea Karpel, Emma Wright, Jess Reuben, Francis Villanueva, Joni Stamatopoulos, Josh O'Connell, Jack Reed, Steph Spitzer, Rose Spaulding, Abby Taylor, Ruby Leonard, Jason Kim & Lewis Pirrone.

This production would not have been possible without the tireless work of the Bentleigh Secondary College community. A huge thank you to the staff and parents of the college, and to the returning alumni students: Lennon Fowler on lighting, Lachlan Halliwell on microphones, Naomi Dascal for assisting with choreography and make-up, and Sam Rothstadt for his lighting assistance.



# CAREER NEWS

*Ms Kirstin Conway, Careers and Pathways Co-ordinator*

## Year 10 Allied Health, Beauty & Design Industry Based Excursion

On Tuesday 2nd August, a group of Year 10 students attended Kangan Institute, Richmond Campus, to experience a day of practical workshops in Allied Health, Hair Styling, Beauty Services, Fashion Design and Visual Merchandising. Students were taught by industry professionals and learnt valuable life skills. Students were engaged and exposed briefly to the reality of tertiary education. Thank you to the students in attendance who were exceptionally well behaved and to the staff, Mrs Duncan and Miss Curtin, for attending and supporting this important industry based excursion.



# FRISBEE CHAMPIONS

*Ms Kirstin Conway, Careers and Pathways Co-ordinator*

Jeff Li and Alastair Schache tried out for the Victorian Under-18 Ultimate Frisbee team for the chance to play for Victoria at the Australian Under-18 Youth Ultimate Championships. They attended the tryouts and managed to secure their places on the 16 man team to play at the national tournament against Queensland, New South Wales, Western Australia, South Australia and the Australian Capital Territory which were held on the 11th and 12th of June. The team managed to finish the first day of the tournament undefeated with wins against Queensland, Australian Capital Territory, Western Australia and the favourites for the tournament, New South Wales. The next day saw the last game of the Round-Robin stage with a win against South Australia. The semi-final for Victoria was played against the Australian Capital Territory which saw Victoria win comfortably, and gave the team the chance to play for the championship against New South Wales. Victoria ended up beating New South Wales 8-7, scoring the last 4 points in a close game and winning the tournament undefeated. It was the first Under-18 Youth Nationals win for Victoria in Ultimate Frisbee.



# MUSIC REPORT

*Mr Andrew Albanis, Head of Music*



Congratulations to all students and staff. The Winter Concert was a huge success. All ensembles and performers were outstanding. Thank you to Georgina Heenan and the Friends of Music for their continued hard work.

The Choir performed at the Eisteddfod by the Bay Festival on Thursday 4th August. Students got the chance to perform at Kingston Arts Centre and be critiqued by professional adjudicators. This was an excellent opportunity for our students. The ensemble received a silver award placing, a great effort. Students have achieved some great results in their AMEB exams and their internal exams. This exemplifies the excellent achievements of our students.

On Tuesday 16th August, the Symphonic Wind Ensemble performed in the Victorian Schools Music Festival, held at Deakin Edge. The ensemble presented three contrasting pieces to professional adjudicators. A workshop was held at the end of the performance, giving the students an opportunity to further develop their skills. The ensemble received a silver award placing. Well done to all involved.



# SPORTS NEWS

## Junior Boys Netball - Southern Metropolitan Region Finals

*Miss Rachel Rosenbrock, PE Teacher and Coach*

After their Equal Opportunity Day win – the Junior Boys' Netball Team advanced to the SMR finals which were held on Friday 5th August.

Their first game against Keysborough College posed no difficulty and they won comfortably 27-8. After a big break between games, the boys then took on their second game full of energy. With Mt Erin being a fast team, the boys took a while to find their groove. When reminded to play their own game, slow down and think smart – they were able to come away with a 6 point win.

After a minimal break – Round 3, the final against Albert Park commenced. The boys were given a run for their money so playing their best netball was a must. I am very proud to say it all came together and they walked away winners of the Southern Metropolitan Region!

Congratulations to Jack Stuber, Austen Anderson, Bayden Hill, Bancho Harkins, Jack Richards, Jackson Hall, Kieran Foley, Campbell Bedford, Jack Hastings and Matt Crosby for their achievement! Special mentions to Kieran Foley who was the most improved player, and Jack Stuber for most consistent player! Training will continue as we work towards the State Finals on 29th August.



## Southern Metropolitan Netball Year 8 Finals

*Miss Daniel May, PE Teacher and Coach*

On Wednesday 3rd August, the Year 8 Netball Girls represented the Kingston Division region at the Southern Metropolitan Finals at Gloria Pyke Netball Centre in Dandenong. The girls were in a pool against Keysborough College and Frankston High School.

In the first game, Natasha Rivas Lee and Tamsin Hafey proved their strength and outstanding netball skills in shooting and in the attack.

The girls won the game comfortably. In the second game against Frankston High School, Martha Deng and Emily Hastings were unstoppable in defence. The girls won their pool and advanced to the SMR final.

Bentleigh Secondary College were up against Mentone Girls' Secondary College in the final. Mentone came out extremely strong and showed us their capabilities. The girls fought hard in the last quarter, however, they could not catch Mentone. All of the girls are congratulated on their efforts throughout Term 2 and 3 this year! Well done to all girls for their hard work and dedication.



## State Champions - Junior AFL Girls

*Mr Nathan Rogers, Head of Sport*

After remaining undefeated after 9 games, the Bentleigh Secondary College Junior AFL girl's team has won the SSV State Championship. This huge achievement was completed when the girls defeated Melbourne Girls College by 13 points in a close contest. The win collected Bentleigh's first state championship in Australian Rules football and first state championship in any sport since 2010.

Congratulations to - Sarah Hartwig (MVP & Co-Captain, Year 9), Alana Porter (Co-Captain, 9), Andii Box (9), Annina Box (7), Madeline Baudinette (7), Talia Clarke-Thorneycroft (7), Skye Conway (8), Daniela Diamantaris (8), Ellie Dwyer (8), Hannah Fitzpatrick (8), Tasmin Hafey (8), Madi Kuhnell (9), Tia Lambas (8), Zali McKenzie (8), Ruby Muller (8), Charli Murphy (7), Ella Robertson (8), Lucy Rose (8), Emma Stuber (7), Bianka Tsan (7), Elaini Blitsas (9), Haylee Boyce (9), Jacinta Crawford (9), Lizzy Wallace (9), Shani Watts (8) and Annie Elias (7).





### School Self Defence Life Skills Certificate

Course Code / SSDLS2016/

Director Rod Catterall & his experienced instructors from All Stars Self Defence Centre has been providing training to schools across the Melbourne Metropolitan area since 1991.

#### Benefits of Using All Stars Self Defence

- Students learn from nationally accredited martial arts instructors
- We teach the latest training techniques for the best results
- We're not just another self defence provider
- We offer real life practical self defence life skills
- Convenience of booking any course online.
- Course material & a certificate provided to each student.

#### Course Content

- Threat & Risk Awareness
- Environment Awareness
- Verbal Self Defence Techniques
- Assertive & Confidence Building
- De-escalation Strategies
- How to Stay Safe In your Environment
- Release from Grabs & Holds

#### To enrol

please fill out the  
online booking form at  
[www.allstarsdefence.com.au/](http://www.allstarsdefence.com.au/)  
\*Price starts at \$150/ hr plus GST (30 students)  
(Conditions Apply)  
Recommended min duration 5 - 10 weeks  
Modified to suit

#### Other Programs Available

- Boxing & Kickboxing Fitness
- MMA - Mixed Martial Arts Training
- Group Personal Training

For more information about this course or any other program at your school,  
please contact Sonya on (03) 9579 0800 or email [info@allstarsdefence.com.au](mailto:info@allstarsdefence.com.au)



**All Stars Self Defence Centre's Pty Ltd**  
Phone 9579 0800  
Email [info@allstarsdefence.com.au](mailto:info@allstarsdefence.com.au)

## ENTERTAINMENT BOOK

Just a reminder to the Bentleigh Secondary College community that we are selling the Entertainment Book as a fundraiser for 2016. The book has been a very popular addition to thousands of homes across Australia in past years, and provides over \$20,000 in potential discount offers in a huge range of areas from dining, recreation, travel, accommodation and many more. Please view the flyer included in this newsletter for details on how to order. The school receives 20% of the \$65 purchase price from each book to put towards equipment or facilities.

To order please follow the link to purchase online, and note that there is a choice between a hard copy of the Entertainment Book, or a digital version, which is increasingly becoming popular due to its convenience.

If your preferred option is a hard copy of the Entertainment Book, please note that we have only 6 copies remaining at the school. Once your online order is processed, the book becomes immediately available at school. For any further information, please see the flyer or contact me directly at school.

Paul Dean SRC Co-ordinator

## We're fundraising with Entertainment™

"I love this Book! I'm discovering places I have never been before!"

"I have the Entertainment™ Digital 'Book' on my smartphone and I love it!"

Sell just  
**\$65**  
giving you over  
**\$20,000**  
of value!

The Entertainment Book

OR

The Entertainment Digital Membership

With thousands of up to 50% off and 2-for-1 offers, here's a taste of what's in it for you:

<b>185+</b> Contemporary Dining Offers!				<b>THE POINT</b>	<b>TAKI KITCHEN</b>	
	\$40 value	\$40 value	\$50 value	\$50 value	\$40 value	\$40 value
<b>360+</b> Casual Dining Offers!						
	\$40 value	\$40 value	\$35 value	\$40 value	\$40 value	\$35 value
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	2 for 1	2 for 1	2 for 1	2 for 1	2 for 1	2 for 1
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## Uniform Shop

### RECYCLE UNIFORM PRICE LIST

Garment	Price (unless marked)
Short Sleeved Shirt	\$ 5.00
Long Sleeved Shirt	\$ 7.00
Woolen Jumper	\$15.00
Summer Dress	\$10.00
Winter Skirt	\$10.00
Shorts	\$10.00
Trousers	\$10.00
Spray Jacket	\$15.00
Sports Shorts	\$ 7.00
Sport Polo	\$ 5.00



Open last Friday  
of each month  
during the school term  
**8.00am - 9.00am**

DATES FOR TERM 3  
Performing Arts Centre Foyer  
**16th September** (last day of term 3)